



<b>Subject:</b>	<b>Northern Ireland Health and Fitness Awards</b>
<b>Date:</b>	4th September 2018
<b>Reporting Officer:</b>	Nigel Grimshaw, Strategic Director of City and Neighbourhood Services, ext 3269
<b>Contact Officer:</b>	Rose Crozier, Director of Neighbourhood Services, ext 3460

<b>Restricted Reports</b>	
<b>Is this report restricted?</b>	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
<b>If Yes, when will the report become unrestricted?</b>	
After Committee Decision	<input type="checkbox"/>
After Council Decision	<input type="checkbox"/>
Some time in the future	<input type="checkbox"/>
Never	<input type="checkbox"/>

<b>Call-in</b>	
<b>Is the decision eligible for Call-in?</b>	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>

<b>1.0</b>	<b>Purpose of Report or Summary of Main issues</b>
1.1	The Department's Teenage Kicks programme has been shortlisted for the Northern Ireland Health and Fitness Awards in 2018. It would be appropriate for the Council representatives and our delivery partners to attend the event to recognise its contribution to increasing health and wellbeing for young people who feel marginalised from mainstream physical activity.
<b>2.0</b>	<b>Recommendation</b>
2.1	The Committee is asked to: <ul style="list-style-type: none"><li>agree that the Chairperson and the Deputy Chairperson (or their nominee), Director, Sports Development Officer and delivery partners attend this prestigious event.</li></ul>

<b>3.0</b>	<b>Main Report</b>
3.1	<p>Key Issues</p> <p>The Leisure Development Unit, has organised Teenage Kicks for 13 years. During that time the dance-mentoring programme has worked with over 3,000 children and young people in primary, secondary and special school sectors. It brings them through an 8 week programme of dance with fitness guru “Fitness Freddy” where self-confidence, body image and leadership skills are developed. The programmes are delivered in the school environment before bringing the young people together for a choreographed finale takes place at the historic Ulster Hall in June.</p>
3.2	<p>The inaugural Northern Ireland Health &amp; Fitness Awards sponsored will take place on Saturday 22<sup>nd</sup> September in the Crowne Plaza Belfast. The awards will be a celebration of excellence and achievement across the entire health and fitness industry. Teenage Kicks has been shortlisted as a finalist in the Health and Fitness Event of the Year category.</p>
3.3	<p>The event will be hosted by a former Emmerdale actress, Strictly Come Dancing star and health and fitness enthusiast, Gemma Atkinson and Q Radio presenter Ibe Sesay.</p>
3.4	<p>The independent judging panel will consist of former Ulster, Ireland and British Lions rugby star Stephen Ferris, leading nutritionist Jane McClenaghan, fitness professional Ian Young, fitness and lifestyle blogger Aly Harte and newspaper Editor Martin Breen.</p>
3.5	<p>Attendance at this prestigious event will increase recognition of the positive contribution which the Department’s programmes are make to increase health and wellbeing for young people who feel marginalised from mainstream physical activities.</p>
	<p><b><u>Financial and Resource Implications</u></b></p>
3.6	<p>Resources are available within existing Leisure Development budgets to support attendance. Cost is £85 per person.</p>
	<p><b><u>Asset and Other Implications</u></b></p>
3.7	<p>None</p>
	<p><b><u>Equality, Good Relations Implications/Rural Needs Assessment</u></b></p>
3.8	<p>None.</p>
<b>4.0</b>	<b>Documents Attached</b>
	None